

**2020 Upward Game Schedules  
FBC, Hot Springs, AR**



**Winter Weather Policy:** Practices are automatically cancelled if the schools are cancelled or closed early because of weather. Regarding games, we will do our best to inform you as soon as possible when or if we must cancel. We will announce cancellations via texts to coaches, at [www.fbcrecreation.com](http://www.fbcrecreation.com), as well as Facebook, Twitter, and Instagram.

**Upward Basketball League**

1. **We recommend that you highlight the days and times for your games right now!**
2. **We encourage you to make team signs, posters, etc to rally up the teams and help us create a fun and enjoyable atmosphere!** We can tape the signs to the gym walls or you can wave them from the stands!
3. Just a reminder that we strive to maintain a fun and encouraging playing environment so we can all enjoy a positive playing experience! We want everyone to compete and do our best, but it is imperative to keep our competitive spirit in the right priority. I say it this way: ***Don't let your Competitive nature compromise your Christian-walk or Character! Be humble in victory; be gracious in defeat.***
4. Visiting teams are designated by the ***bold italicized text***. **VISITING** teams wear the **BLUE** uniforms. **HOME** teams wear the **WHITE** uniforms.
5. Player introductions will begin **8-10 minutes before** game time. Players need to be in the pre-game room 15-20 minutes before their game for stretching, final instructions, to line up, etc.
6. 1<sup>st</sup>-2<sup>nd</sup> grade teams will then play a 45-minute game (six 6-minute periods, 5-minute halftime, four 1-minute player substitution periods).
7. We play 4 on 4 to allow more players to get more touches on the ball and open the court a bit. We will adjust as necessary.
8. Teams will meet in their designated post-game rooms for post-game activities (game stars, snacks, admin).
9. Parents/Guardians, please remember to take all your belongings with you to the post-game room.
10. Several families have multiple players in the leagues. We apologize in advance for any inconvenience caused by the scheduling.
11. We will have a concession stand open on game days. All proceeds go back into the Upward ministry.

**Additional information regarding the Kindergarten leagues:**

1. Kindergarten-coed practices are scheduled for Saturdays beginning January 11. The schedule for the first two practices (January 11 and 18) includes 50 minutes on the court and 10 minutes in their post-practice room.
2. The schedule will change beginning with the third practice on Saturday, January 25. Teams will have 20 minutes of practice followed by 7 minutes of game preparation time. Teams will then play a 23-minute game (four 5-minute periods with three 1-minute substitution periods). Teams will go to their post-game activities after the game concludes.

**Look below to see what we're learning at practice. Also see how your player (and fans) can join in the fun on game day!**

Practice	Week of	Bible Verse	Virtue	Game	Saturday	Theme
1	Jan 6	-	Upward Stars			
2	Jan 13	1 Timothy 4:8a	Commitment			
3	Jan 20	1 Timothy 4:8a	Commitment	1	Jan 25	<b>Crazy Socks</b> (wear crazy socks)
4	Jan 27	Proverbs 25:28	Self-Control	2	Feb 1	(Tentative team pictures)
5	Feb 3	Proverbs 25:28	Self-Control	3	Feb 8	<b>Birthday month</b> (wear something to represent the month of your birth)
6	Feb 10	Philippians 4:4	Joy	4	Feb 15	<b>Crazy Hair</b>
7	Feb 17	Philippians 4:4	Joy	5	Feb 22	<b>Team Name</b> (wear something to represent your Upward team name)
8	Feb 24	John 3:16	Love	6	Feb 29	-

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<b>Sat, Jan 25 Game 1</b>		<b>(Visitor)</b>	<b>Court 2</b>	<b>(Home)</b>	<b>(Visitor)</b>	<b>Court 1</b>	<b>(Home)</b>
9:30	K Coed	<i>Orange Crush</i>	Yellow Jackets	<i>Green Knights</i>	Silver Rays		
10:25	K Coed	<i>Golden Warriors</i>	Red Lions	<i>Purple Raiders</i>	Blue Dragons		
<b>11:15-11:30 court transition (goals down, bags away, tunnel up)</b>							
11:30	1-2 Boys	<i>Celtics</i>	Bulls	<i>Mavericks</i>	Clippers		
12:30	1-2 Boys	<i>Rockets</i>	Lakers	<i>Thunder</i>	Spurs		
1:30	1-2 Girls	<i>Fever</i>	Sun	<i>Fire</i>	Wings		
<b>Sat, Feb 1 Game 2</b>		<b>(Visitor)</b>	<b>Court 2</b>	<b>(Home)</b>	<b>(Visitor)</b>	<b>Court 1</b>	<b>(Home)</b>
9:30	K Coed	<i>Green Knights</i>	Purple Raiders	<i>Yellow Jackets</i>	Silver Rays		
10:25	K Coed	<i>Golden Warriors</i>	Blue Dragons	<i>Orange Crush</i>	Red Lions		
<b>11:15-11:30 court transition (goals down, bags away, tunnel up)</b>							
11:30	1-2 Boys	<i>Celtics</i>	Lakers	<i>Clippers</i>	Bulls		
12:30	1-2 Boys	<i>Mavericks</i>	Spurs	<i>Rockets</i>	Thunder		
1:30	1-2 Girls	<i>Wings</i>	Fever	<i>Sun</i>	Fire		
<b>Sat, Feb 8 Game 3</b>		<b>(Visitor)</b>	<b>Court 2</b>	<b>(Home)</b>	<b>(Visitor)</b>	<b>Court 1</b>	<b>(Home)</b>
9:30	K Coed	<i>Green Knights</i>	Blue Dragons	<i>Yellow Jackets</i>	Purple Raiders		
10:25	K Coed	<i>Silver Rays</i>	Red Lions	<i>Orange Crush</i>	Golden Warriors		
<b>11:15-11:30 court transition (goals down, bags away, tunnel up)</b>							
11:30	1-2 Boys	<i>Bulls</i>	Mavericks	<i>Rockets</i>	Celtics		
12:30	1-2 Boys	<i>Thunder</i>	Clippers	<i>Spurs</i>	Lakers		
1:30	1-2 Girls	<i>Wings</i>	Sun	<i>Fever</i>	Fire		
<b>Sat, Feb 15 Game 4</b>		<b>(Visitor)</b>	<b>Court 2</b>	<b>(Home)</b>	<b>(Visitor)</b>	<b>Court 1</b>	<b>(Home)</b>
9:30	K Coed	<i>Yellow Jackets</i>	Green Knights	<i>Red Lions</i>	Purple Raiders		
10:25	K Coed	<i>Blue Dragons</i>	Orange Crush	<i>Silver Rays</i>	Golden Warriors		
<b>11:15-11:30 court transition (goals down, bags away, tunnel up)</b>							
11:30	1-2 Boys	<i>Lakers</i>	Clippers	<i>Bulls</i>	Rockets		
12:30	1-2 Boys	<i>Spurs</i>	Celtics	<i>Thunder</i>	Mavericks		
1:30	1-2 Girls	<i>Wings</i>	Fire	<i>Sun</i>	Fever		
<b>Sat, Feb 22 Game 5</b>		<b>(Visitor)</b>	<b>Court 2</b>	<b>(Home)</b>	<b>(Visitor)</b>	<b>Court 1</b>	<b>(Home)</b>
9:30	K Coed	<i>Silver Rays</i>	Orange Crush	<i>Red Lions</i>	Green Knights		
10:25	K Coed	<i>Purple Raiders</i>	Golden Warriors	<i>Blue Dragons</i>	Yellow Jackets		
<b>11:15-11:30 court transition (goals down, bags away, tunnel up)</b>							
11:30	1-2 Boys	<i>Bulls</i>	Thunder	<i>Spurs</i>	Rockets		
12:30	1-2 Boys	<i>Mavericks</i>	Lakers	<i>Clippers</i>	Celtics		
1:30	1-2 Girls	<i>Fire</i>	Sun	<i>Fever</i>	Wings		
<b>Sat, Feb 29 Game 6</b>		<b>(Visitor)</b>	<b>Court 2</b>	<b>(Home)</b>	<b>(Visitor)</b>	<b>Court 1</b>	<b>(Home)</b>
9:30	K Coed	<i>Blue Dragons</i>	Silver Rays	<i>Purple Raiders</i>	Orange Crush		
10:25	K Coed	<i>Red Lions</i>	Yellow Jackets	<i>Golden Warriors</i>	Green Knights		
<b>11:15-11:30 court transition (goals down, bags away, tunnel up)</b>							
11:30	1-2 Boys	<i>Clippers</i>	Rockets	<i>Celtics</i>	Mavericks		
12:30	1-2 Boys	<i>Bulls</i>	Spurs	<i>Lakers</i>	Thunder		
1:30	1-2 Girls	<i>Fire</i>	Fever	<i>Sun</i>	Wings		