

2019 Upward Game Schedules
FBC, Hot Springs, AR



Winter Weather Policy: Practices are automatically cancelled if the schools are cancelled or closed early because of weather. Regarding games, we will do our best to inform you as soon as possible when or if we must cancel. We will announce cancellations via texts to coaches, at www.fbcrecreation.com, as well as Facebook, Twitter, and Instagram.

Upward Basketball League

1. **We recommend that you highlight the days and times for your games right now!**
2. **We encourage you to make team signs, posters, etc to rally up the teams and help us create a fun and enjoyable atmosphere!** We can tape the signs to the gym walls or you can wave them from the stands!
3. Just a reminder that we strive to maintain a fun and encouraging playing environment so we can all enjoy a positive playing experience! We want everyone to compete and do our best, but it is imperative to keep our competitive spirit in the right priority. I say it this way: ***Don't let your Competitive nature compromise your Christian-walk or Character! Be humble in victory; be gracious in defeat.***
4. Visiting teams are designated by the ***bold italicized text***. **VISITING** teams wear the **BLACK** uniforms. **HOME** teams wear the **RED** uniforms.
5. Player introductions will begin **8-10 minutes before** game time. Players need to be in the pre-game room 15-20 minutes before their game for stretching, final instructions, to line up, etc.
6. 1st-2nd grade teams will then play a 45-minute game (six 6-minute periods, 5-minute halftime, four 1-minute player substitution periods).
7. We play 4 on 4 to allow more players to get more touches on the ball and open the court a bit. We will adjust as necessary.
8. Teams will meet in their designated post-game rooms for post-game activities (game stars, snacks, admin).
9. Parents/Guardians, please remember to take all your belongings with you to the post-game room.
10. Several families have multiple players in the leagues. We apologize in advance for any inconvenience caused by the scheduling.
11. We will have a concession stand open on game days. All proceeds go back into the Upward ministry.

Additional information regarding the Kindergarten leagues:

1. Kindergarten-coed practices are scheduled for Saturdays beginning January 12. The schedule for the first two practices (January 12 and 19) includes 50 minutes on the court and 10 minutes in their post-practice room.
2. The schedule will change beginning with the third practice on Saturday, January 26. Teams will have 20 minutes of practice followed by 7 minutes of game preparation time. Teams will then play a 23-minute game (four 5-minute periods with three 1-minute substitution periods). Teams will go to their post-game activities after the game concludes.

Look below to see what we're learning at practice. Also see how your player (and fans) can join in the fun on game day!

Practice	Week of	Bible Verse	Virtue	Game	Saturday	Theme
1	Jan 7	-	Upward Stars			
2	Jan 14	Romans 12:10	Honor			
3	Jan 21	Romans 12:10	Honor	1	Jan 26	Crazy Socks (wear crazy socks)
4	Jan 28	James 1:12a	Endurance	2	Feb 2	(Tentative team pictures)
5	Feb 4	James 1:12a	Endurance	3	Feb 9	Birthdays month (wear something to represent the month of your birth)
6	Feb 11	Hebrews 11:1	Faith	4	Feb 16	Crazy Hair
7	Feb 18	Hebrews 11:1	Faith	5	Feb 23	Team Name (wear something to represent your Upward team name)
8	Feb 25	John 3:16	Love	6	Mar 2	-

(Game schedules on next page.)

2019 Upward Game Schedules
FBC, Hot Springs, AR

Sat, Jan 26		Game 1		(Visitor)	Court 2	(Home)	(Visitor)	Court 1	(Home)
9:30	K Coed	<i>Blue Dragons</i>	Purple Raiders	<i>Green Knights</i>		Red Lions			
10:25	K Coed	<i>Orange Crush</i>	Yellow Jackets	x		x			
11:15-11:30 court transition (goals down, bags away, tunnel up)									
11:30	1-2 Boys	<i>Mavericks</i>	Bulls	<i>Lakers</i>		Warriors			
12:30	1-2 Boys	<i>Heat</i>	Thunder	<i>Rockets</i>		Grizzlies			
1:30	1-2 Boys	<i>Spurs</i>	Hawks	X		X			
2:30	1-2 Girls	<i>Fever</i>	Sun	<i>Fire</i>		Wings			
Sat, Feb 2		Game 2		(Visitor)	Court 2	(Home)	(Visitor)	Court 1	(Home)
9:30	K Coed	<i>Orange Crush</i>	Purple Raiders	<i>Blue Dragons</i>		Green Knights			
10:25	K Coed	<i>Red Lions</i>	Yellow Jackets	x		x			
11:15-11:30 court transition (goals down, bags away, tunnel up)									
11:30	1-2 Boys	<i>Warriors</i>	Rockets	<i>Mavericks</i>		Lakers			
12:30	1-2 Boys	<i>Heat</i>	Spurs	<i>Bulls</i>		Grizzlies			
1:30	1-2 Boys	<i>Hawks</i>	Thunder	X		X			
2:30	1-2 Girls	<i>Wings</i>	Fever	<i>Fire</i>		Sun			
Sat, Feb 9		Game 3		(Visitor)	Court 2	(Home)	(Visitor)	Court 1	(Home)
9:30	K Coed	<i>Blue Dragons</i>	Orange Crush	<i>Red Lions</i>		Purple Raiders			
10:25	K Coed	<i>Yellow Jackets</i>	Green Knights	x		X			
11:15-11:30 court transition (goals down, bags away, tunnel up)									
11:30	1-2 Boys	<i>Bulls</i>	Warriors	<i>Rockets</i>		Mavericks			
12:30	1-2 Boys	<i>Thunder</i>	Lakers	<i>Hawks</i>		Heat			
1:30	1-2 Boys	<i>Spurs</i>	Grizzlies	X		X			
2:30	1-2 Girls	<i>Wings</i>	Sun	<i>Fever</i>		Fire			
Sat, Feb 16		Game 4		(Visitor)	Court 2	(Home)	(Visitor)	Court 1	(Home)
9:30	K Coed	<i>Purple Raiders</i>	Green Knights	<i>Red Lions</i>		Orange Crush			
10:25	K Coed	<i>Yellow Jackets</i>	Blue Dragons	x		x			
11:15-11:30 court transition (goals down, bags away, tunnel up)									
11:30	1-2 Boys	<i>Mavericks</i>	Heat	<i>Lakers</i>		Bulls			
12:30	1-2 Boys	<i>Warriors</i>	Spurs	<i>Thunder</i>		Rockets			
1:30	1-2 Boys	<i>Grizzlies</i>	Hawks	X		X			
2:30	1-2 Girls	<i>Wings</i>	Fire	<i>Sun</i>		Fever			
Sat, Feb 23		Game 5		(Visitor)	Court 2	(Home)	(Visitor)	Court 1	(Home)
9:30	K Coed	<i>Blue Dragons</i>	Red Lions	<i>Green Knights</i>		Orange Crush			
10:25	K Coed	<i>Purple Raiders</i>	Yellow Jackets	x		x			
11:15-11:30 court transition (goals down, bags away, tunnel up)									
11:30	1-2 Boys	<i>Heat</i>	Bulls	<i>Warriors</i>		Mavericks			
12:30	1-2 Boys	<i>Grizzlies</i>	Lakers	<i>Rockets</i>		Hawks			
1:30	1-2 Boys	<i>Spurs</i>	Thunder	X		X			
2:30	1-2 Girls	<i>Sun</i>	Fire	<i>Fever</i>		Wings			
Sat, Mar 2		Game 6		(Visitor)	Court 2	(Home)	(Visitor)	Court 1	(Home)
9:30	K Coed	<i>Green Knights</i>	Red Lions	<i>Purple Raiders</i>		Blue Dragons			
10:25	K Coed	<i>Orange Crush</i>	Yellow Jackets	x		x			
11:15-11:30 court transition (goals down, bags away, tunnel up)									
11:30	1-2 Boys	<i>Warriors</i>	Heat	<i>Lakers</i>		Rockets			
12:30	1-2 Boys	<i>Bulls</i>	Hawks	<i>Mavericks</i>		Spurs			
1:30	1-2 Boys	<i>Thunder</i>	Grizzlies	X		X			
2:30	1-2 Girls	<i>Fire</i>	Fever	<i>Sun</i>		Wings			